

Preparation & Support Plan



Advanced Directive - Czech context

Things to consider while preparing

- What makes me *less vulnerable* to state violence or repression compared to my comrades? Can I do anything to fortify these strengths?
- What makes me *more vulnerable* to state violence or repression compared to my comrades? Can my loved ones help to mitigate or address these vulnerabilities?

Potential scenarios to explore/plan around

- I've been **doxxed by fascists and they are putting pressure on my place of work to terminate me**. My work has put me on paid leave while they investigate. How do I defend myself? How do I get a lawyer? What support do I need, including emotional support?
- I've been **doxxed by fascists on social media and am getting a massive amount of threats**. How do I defend myself? How do I get a lawyer? What support do I need, including emotional support?
- I've been **sued or a lawsuit has been threatened** for activities related to my activism. How do I get a lawyer? What support do I need? How do I organize a campaign for the strategic defense of myself and the movement?
- I'm noticing a potential **increase in surveillance** (being followed on a regular basis by unknown persons or unmarked vehicles). How do I prepare my home? Should I engage or inform my neighbors? How do I reduce my vulnerability given increased surveillance?
- My **comrade has been raided or arrested**. How do I assess or respond?
- I have been **approached by police for an 'informal conversation'**. How do I respond, and do I inform others of the situation?
- I have received a letter from **police summoning me for an interrogation**. How do I get a lawyer and prepare?
- My **house has been raided** but I have not been detained by police.
- I've been **detained or arrested** for reasons known or for reasons unknown to me.

What plans do I have in place in case of my detention/arrest for myself and those who are dependent on me? What communication will I want with my place of work or study, and by who? Who can help me?

Prepare for visitors, surveillance, detention

- **Prepare those you live with:** Prepare them for a possibility of knock on the door and how to respond if/when that happens. Identify who should be the first point of contact if that happens.
- **Secure your devices.** Make sure your phone and laptop are protected with a strong password, and that information on it is encrypted.
- **Raid-proof your home.** Do not have items in your home that you would not want police to find.
- **Identify 2-3 emergency contacts** and share important info with them to activate your support network.
- **Keep your medication and documents on you** when you are out of your house as a rule.
- **Identify a lawyer you can call in an emergency** and save their number. Keep a slip of paper with their number in your wallet too if you expect your phone to be confiscated. Similarly keep numbers for any organization that can help facilitate legal support for you.

Logistical preparation

- **Speak to your household**, close people and others that the state might approach if investigating you. Share what the work that you do is and what it's not. Share scenarios in which they might be asked information about you. The goal is to **prepare them NOT to share information**. Make sure to prepare children too.
- **Example how to prepare children:** *You know we speak out and organize when people are being hurt or experiencing injustice. You also know that we are demanding that the government take action to stop that violence and injustice. When we do that, sometimes the government wants to stop us from doing it. Sometimes, they try to stop us by making us pay fines. Sometimes by arresting us and releasing us. Other times, they might come to someone's house and look through it. If someone comes to our home and says they are the police or part of the government, tell them that your parent/guardian/responsible adult is not home and to leave a card for you to give them. Do not let them in and do not answer any questions, even if they tell you that they are trying to help me/us.*
- **Complete Advanced Directive**, identify buddies, form a support pod, and complete your own risk assessment.
- **Clean up your Signal.** Delete history by deleting the entire thread and leaving old unused chats. Enable disappearing messages in all chats. Ensure group chats have multiple admins to recover communication lines if one of the admins is compromised.
- **Remove things from your home** permanently or temporarily if they could be used against you (notes, artwork, materials, sign-up sheets, banners,...)
- **Move all political materials to encrypted drives**, especially ones that include lists with names or information about internal working structures of activist collectives.
- **Scrub your online presence** by making your accounts private and deleting information you wouldn't be comfortable having out there if you are under surveillance.

Know your basic rights in police detention

- **The right to remain silent.** "I am exercising my right to remain silent". Cops will try to get you to talk. Having a learned phrase helps. Or just **shut the fuck up**.
- **The right to not sign anything.** By law, you are not obligated to sign anything a cop gives you. By signing, you might be giving consent, confirming the correctness, or confirming that you are acknowledging whatever is written in the document. **Do. Not. Sign. Anything.**
- **The right to record police.** This right doesn't go away if you are in police custody. You can record both audio and video.
- **The right to written documentation.** You have the right to receive a written protocol of all police actions related to your person. This includes information about the means of your arrest, a list of confiscated items, whether you said anything to cops/given an official "explanation" etc.

Internalize the Two Nevers

- Never talk about your or someone else's involvement in illegal activity.
- Never talk about someone else's interest in illegal activity.
... but we're not doing anything illegal!
- **Never talk about your or someone else's involvement in any activity that is in any way at risk of being criminalized.**
- **Never talk about someone else's interest in criminalized activity.**

Complete basic digital security checklist

- Use end-to-end encryption, unless you have a reason not to.
- Encrypt data where it's stored.
- Encrypt your cellphone (Android in settings, iPhones are usually by default)
- Hide your online identity whenever possible via VPN or Tor
- Disable biometrics (TouchID or FaceID)
- Turn your devices off regularly
- Turn on auto-lock on all devices

Your information

Legal Name: _____

Preferred Name: _____

Date of birth: _____

Personal phone No. _____

Gender/ pronouns: _____

Gender marker on official documents: _____

Citizenship (include all): _____

Current immigration status (+country): _____

Address

Medical conditions

Medication / dosage / instructions

Doctor names and contacts:

Buddies – Names

These are the comrades that would be contacted first in case of any issues and would then activate your broader support network.

Buddy #1 _____

Buddy #3 _____

Buddy #2 _____

Buddy #4 _____

Pod – Support Network

Your pod is a team of trusted comrades who would support you in navigating potential and actual repression. They would know and be prepared to implement your Advanced Directive. They would be part of organizing a defence campaign, coordinating with your attorney, family/loved ones, and your political organizations. Your pod should support those impacted by the repression you are experiencing, including your children/dependents/pets.

Support Contact #1

Name _____

Relationship _____

Signal _____

E-mail _____

Support Contact #2

Name _____

Relationship _____

Signal _____

E-mail _____

Support Contact #3

Name _____

Relationship _____

Signal _____

E-mail _____

Support Contact #4

Name _____

Relationship _____

Signal _____

E-mail _____

Support Contact #5

Name _____

Relationship _____

Signal _____

E-mail _____

Support Contact #6

Name _____

Relationship _____

Signal _____

E-mail _____

Children

Name(s) and age(s): _____

Specific needs: _____

Responsible person #1

Name _____ Relationship to child or me _____

Contact _____

Responsible person #2

Name _____ Relationship to child or me _____

Contact _____

Pets

Type(s) and name(s): _____

Care instructions: _____

Responsible person #1

Name _____ Contact _____

Responsible person #2

Name _____ Contact _____

Political preparation

If I am detained or arrested, I want:

Legal Defense only

Legal AND Political Defense (public campaign for my release)

Should my defense consider broader impact on Organization/Community/Movement?

Yes

No

Legal

Lawyer name and contact, if any: _____

Defence Committee – Coordinators

Your Defence Committee will be the primary point of contact for your lawyer and will facilitate flow of information to your loved ones and broader movement. They will also coordinate your Political Defence campaign, if needed.

Coordinator Contact #1

Name _____

Relationship _____

Signal _____

E-mail _____

Coordinator Contact #2

Name _____

Relationship _____

Signal _____

E-mail _____

Public/Media Guidance

Preferred spokespeople

Things NOT to say or do

Immediate demands (eg. meds, housing, child or pet care...)

Do your Defence Coordinators have your consent to go public with your story in case you are unable to decide on your own?

Yes

No

Organizations / Collectives to inform

Org #1: _____ Contact _____

Org #2: _____ Contact _____

Org #3: _____ Contact _____

Org #4: _____ Contact _____

Org #5: _____ Contact _____

Additional notifications

Guidance for notifying family / chosen family + contacts:

Guidance for notifying employer + contacts:

Guidance for notifying school/academic institution + contacts:

Other Relevant Information

Can people fundraise for you?

Yes

No

Guidance: _____

Will you need help with rent/bills?

Yes

No

Guidance: _____

Will you need help with childcare expenses?

Yes

No

Guidance: _____

Will you need help with petcare expenses?

Yes

No

Guidance: _____

Will you need help with legal expenses?

Yes

No

Other important information: _____
