How to write a letter to a prisoner

- **take a pen, paper, an envelope, a stamp** and pick who you want to write to, and check what topics they might want to chat or hear about

- **no need to stick to the topic list, they like to hear about other stuff** :)) any gossip you want to share with them, or funny stories, or something that makes you feel some joy in this time

- you don’t need to write anything profound, they will just be glad to hear from people, **so they do not feel as isolated**

- if you would like a response, please **include a return address in the letter**

general steps:

1. **mark the envelope with a name** who you are sending the letter to, so people sending it know who to address it to
2. in the upper right corner put a **date** when the letter was written
3. **number the pages** and mention in the letter if you are including something else (poems, drawings, photos, news papers,...)
4. stickers cannot be loose, so put them on the envelope or onto the paper
5. **stay away from topics that can hurt them, so nothing related to their activism, actions, or the case!**